DOCUMENT RESUME

ED 467 263 CG 031 882

AUTHOR	Cooper, Stewart E., Ed.; Archer, James Jr., Ed.; Whitaker, Leighton C., Ed.
TITLE	Case Book of Brief Psychotherapy with College Students.
ISBN	ISBN-0-7890-1430-0
PUB DATE	2002-00-00
NOTE	308p.; Co-published simultaneously as Journal of College Student Psychotherapy, v16 n1/2 2001 and 3/4 2002.
AVAILABLE FROM	Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580 (hardbound: ISBN-0-7890-1429-7, $69.95; paperbound: ISBN-0-7980-1430-0, $39.95). Tel: 800-429-6784 (Toll Free); Fax: 800-895-0582 (Toll Free); e-mail: getinfo@haworthpressinc.com; Web site: http://www.haworthpressinc.com.
PUB TYPE	Books (010) -- Reports - Descriptive (141)
EDRS PRICE	Document Not Available From EDRS.
DESCRIPTORS	Case Studies; *College Students; *Counseling Techniques; Higher Education; *Individual Development; *Psychotherapy; *Theory Practice Relationship; Young Adults
IDENTIFIERS	*Brief Therapy

ABSTRACT

This book examines brief therapy in a developmental context with young adults whose clinical problems often relate to or are caused by significant developmental impasses. The purpose in presenting this book is to provide case studies to illustrate a variety of brief therapy approaches with young adults who are college students between the ages of 17 and 25. Diverse cases have been selected including men and women, different races and ethnicities, and different sexual orientations. The authors selected include college counselors and psychologists who represent a wide variety of theoretical approaches and work regularly with young people. Authors were asked to include basic information on their backgrounds and current positions as well as their counseling approach and any other information they felt was relevant to their particular case. They were also asked to include the following in the case discussion: description of client; presenting problem; social/cultural history/environmental context; assessment/diagnosis; counseling goals; treatment plan; counseling process; and outcome/termination of counseling. Chapter one summarizes developmental theory for the age group with a discussion of some of the brief therapy approaches in use today. Following are the sixteen case studies. The final section is a summary and commentary on the cases and approaches that have been presented. (GCP)

Reproductions supplied by EDRS are the best that can be made
from the original document.